

SHOCK

www.YourOwnHomeStore.com/Shock-Bleeding-Bones

Signs:

Weakness / Trembling / Restlessness
Confusion / Anxiety
Rapid / Shallow bleeding
Weak, fast pulse
Enlarged pupils, staring, lack luster eyes
Cool, clammy skin

STEPS:

- 1). Call 911
- 2). Lay the person down with feet raised.
If vomiting, put them on their side.
- 3). Begin CPR if necessary
- 4). Treat obvious injuries
- 5). Loosen tight clothing and cover with blanket
- 6). Talk to / reassure person.

Do Not:

DO NOT give anything orally (food or drink)
DO NOT move (even to lay them down), if you suspect back, head or neck injury
DO NOT raise feet if hip or leg bones are broken
DO NOT raise the person's head
DO NOT move after you have got them on their back with feet raised

SEVERE BLEEDING

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STEPS:

- 1). Remove visible, loose debris
- 2). Apply pressure to wound with palm and clean cloth / bandage
- 3). Bind wound by wrapping closed with another cloth / bandage.
- 4). Have injured person lie down
- 5). Raise injured limb / head above the heart.
- 6). Call 911
- 7). Continue to add bandages as blood soaks through
- 8). Once bleeding stops, clean wound with soap and water
- 9). Apply antibiotic cream and cover with sterile bandage.

Do Not:

DO NOT remove debris that is embedded in flesh
DO NOT put pressure directly on debris embedded in flesh.
DO NOT remove one bandage to apply another.

Seek Medical Help ASAP if:

You suspect internal bleeding
Bleeding does not stop with pressure
The wound is jagged & deep
The bleeding is in the abdomen
The wound shows signs of infection
The wound gets red streaks around it